

At Your Level

3 activities based on
3 of our segments



Kids Listen Activity Podcast

Make sure and listen to the FOOD episode of **At Your Level** for this activity.

TRIPPIN' ERROL

1. Can you fill all these out? All the answers can be found in the Trippin' Errol segment.
2. Try to trip an adult - think of someone that knows a lot about food, or travels a lot.

What is a cumquat? _____

What is the world's heaviest fruit? _____

What parts of the turkey are the giblets? _____

What part of the sheep is used to make Haggis? _____

What is in the Russian soup Borscht? _____

What is the main ingredient in Hummus? _____

What is Scrapple? _____

When was ice cream invented? _____

What utensil was used in Victorian times to eat ice cream? _____

NERD OUT

Invent and name your own sandwich.

1. List your favorite ingredients below:

2. Pick 1 or 2 ingredients that goes well with it:

3. Add anything else: _____

4. Choose the bread: _____

5. Name your sandwich: _____

BIZARRE ASMR

1. Think of interesting food sounds and record them up close.
 2. See if you can get your friends/family members to guess what they are.
- If you have a good one, we'd love to hear it, maybe we'll even feature it on the show.

If you'd like to be on the show

We're always looking for recordings and kids to interview.

1. Record yourself - if you want to find out what will go on the next episode, ask a parent to join our mailing list. It's a monthly newsletter that tells you exactly what we're looking for along with the latest updates.
2. To be a guest - email Ari about yourself and what you'd like to talk about.